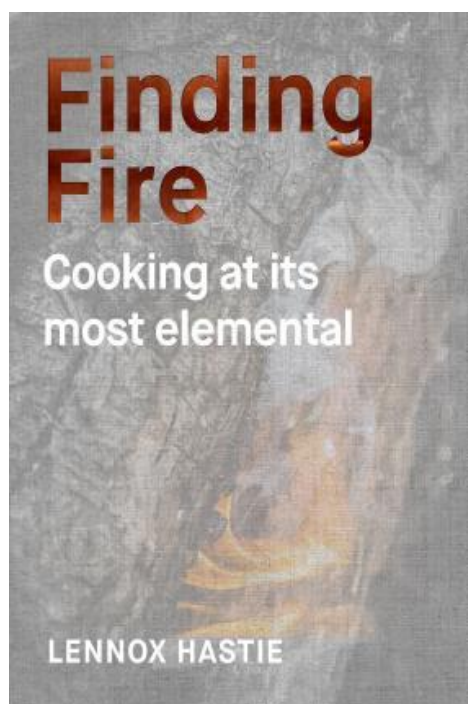


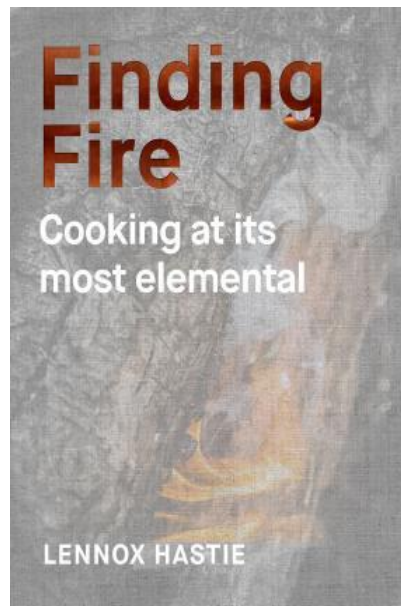
Download ebook Finding Fire: Cooking at its Most Elemental

By Lennox Hastie



Finding Fire introduces the curious cook to the possibilities of food when combined with the most basic of cooking techniques, fire. Author Lennox Hastie, of acclaimed Sydney restaurant Firedoor, draws on his international experience to present over 90 recipes that equip readers with the confidence to connect with produce, learn instinct and allow them to take their own journey to master the art of simplicity in cookery over the most natural heat source and ingredient on the planet: fire. Lennox explains the techniques behind creating a good quality fire, and the effect of using different types of wood to enhance the natural flavors of the ingredients. Recipes are divided by food type: seafood, vegetables, meat and sweet. Lennox Hastie's inspirational story is woven through the thread of history and demonstrates how fire is used through so many different cultures. Finding Fire provides you with a fascinating background and insight into creating and cooking with fire.

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